

<b>Children &amp; Young People Scrutiny Commission</b> <b>September 14th 2023</b> <b>Item 4 - Draft Sexual Health Strategy &amp; Sexual Reproductive Health Services for Children &amp; Young People</b>	Item No <b>4</b>
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### Session Briefing

City & Hackney Public Health Service have produced a [Draft Sexual Health Strategy \(2023-28\)](#) which is out for [consultation](#) until September 20th 2023. This strategy sets out a number of overarching aims including supporting healthy and fulfilling sexual relationships for all residents, access to sexual and reproductive health services, effective prevention (including zero HIV transmission) and support to vulnerable populations. Young people have specific sexual and reproductive health needs which are reflected within the priorities and expected outcomes of the strategy and which are summarised below.\*

[CHYPS Plus](#) was commissioned to provide a range of sexual and reproductive health services,<sup>1</sup> emotional support as well as referral to other support services<sup>2</sup> for children and young people aged 11-19 in Hackney. As this service has not been reaching contracted targets (service numbers, target age range and onward referrals) City & Hackney Public Health Service has decided to discontinue this service from 30/11/23.

At its next meeting on the 14th September, the Children and Young People Scrutiny Commission will therefore assess the sexual and reproductive health services for children and young people across Hackney. It will do so within the strategic and policy framework of the above Draft Sexual Health Strategy and the [Director of Public Health Annual Report 2022-23](#), the latter of which sets out local priorities for sexual and reproductive health services for young people aged under 30.

With the assistance of local stakeholders and other contributors, the Commission aims to assist local Public Health Services by:

- Contributing to feedback to City and Hackney Draft Sexual Health Strategy;
- Assessing the implications for of the discontinuation of the CHYPS Plus service and the impact that this may have on local services and on children and young people;
- Considering the alternative local provision to CHYPS services, and if any additional provision might be needed;

<sup>1</sup> Stop Smoking, testing and treatment for sexually transmitted infections, contraception, pregnancy testing, Emotional Health and support, Hepatitis B screening and Immunisations and Condoms.

<sup>2</sup> Referrals to other services include termination of pregnancy services, dietician, psychology and counselling services.

- Determining what future models of provision of sexual and reproductive health services might look like (for example, through plans for a super youth hub).

More broadly, the scrutiny session will provide an opportunity for members to reflect on the sexual and reproductive health priorities and outcomes for young people, which can be reflected in a formal response to the consultation.

#### Contributors

A number of local stakeholders have been invited to contribute to discussions at this scrutiny session, which include the following:

- City & London Public Health: *Sandra Husbands, DPH; Chris Lovitt, Deputy Director; Carolyn Sharpe, Consultant in Public Health.*
- Homerton Hospital: *Mags Shaughnessy, Interim Divisional Director of Operations CCS Division; Dr Sarah Creighton, Consultant in Sexual Health and HIV*
- Young Hackney: *David Wright Health & Wellbeing Team Leader*
- Hackney Healthwatch: *Sally Beaven, Executive Director; Kanariya Yuseinova, Enter and View and Volunteer Manager*
- British Association of Sexual Health & HIV, Adolescent Sexual Health Interest Group, *Darren Tippets & Sarah McCarthy (Health Adviser and Safeguarding Lead, CNWL FT)*
- *Young Researchers - Hackney Super Youth Hub*

#### Format of the session

The scrutiny session will commence at 7.05 pm and is scheduled to last for 90-95 minutes. An outline of the session is as set out below:

7.05	<u>Introduction:</u> Chair, Cllr Sophie Conway
7.10-7.45	<u>Stakeholder summaries (5-6 mins ea.)</u> <ul style="list-style-type: none"> <li>a) City &amp; Hackney Public Health</li> <li>b) Young Researchers (Super Youth Hub)</li> <li>c) Homerton Hospital</li> <li>d) Young Hackney</li> <li>e) Healthwatch</li> <li>f) BASHH</li> </ul>
7.40-8.30	<u>Q &amp; A with Members and Contributors</u> The session will aim to address the following: <ul style="list-style-type: none"> <li>- The strategic priorities for sexual and reproductive health service provision for young people in City &amp; Hackney?</li> <li>- What are young people's priorities for sexual and reproductive health services?</li> <li>- How will the discontinuation of CHYPS Plus impact on local sexual and reproductive health service provision for young people?</li> <li>- How will existing services meet the sexual and reproductive health needs of children and young people and will further provision be required?</li> <li>- How will specialist sexual and reproductive health needs and inequalities in access be addressed in the new configuration?</li> </ul>

	<ul style="list-style-type: none"> <li>- How are sexual and reproductive health services provided in other boroughs and what is considered best practice?</li> <li>- What is the future vision for sexual and reproductive health service provision in City &amp; Hackney?</li> </ul>
8.30-8.35	<u>Summary and next steps:</u> Chair, Cllr Sophie Conway

### Voice of Young People

It is important that members of the Commission speak to young people to help understand their views on sexual and reproductive health services. Ahead of the meeting therefore, the Commission will hold two focus groups with young people from Hackney Youth Parliament, Hackney Young Futures and Hackney of Tomorrow (Council for looked after children and care leavers).

The focus groups will ascertain young people's priorities and preferences for sexual and reproductive health service provision:

- Where do they currently (or would) go for information, advice or treatment?
- Do young people prefer dedicated services (only for young people), and do they prefer these in clinical or community settings?
- Do young people prefer open-access services (walk-in), or fixed appointments and when is the best time for these?
- What do young people think about using online services (such as Sexual Health London)?
- What should future services look like?

Emerging issues from the focus groups with young people will be circulated to members and participants ahead of the meeting for information.

### Key Background documents

[Draft Sexual Health Strategy \(2023-28\)](#) City & Hackney Public Health Service

[Director of Public Health Annual Report 2022-23](#), (Priorities for sexual and reproductive health services for young people aged under 30) City & Hackney Public Health Service.

[City & Hackney Sexual Health Needs Assessment](#) City & Hackney Public Health Service, 2023

[National Guideline on the Management of Sexually Transmitted Infections and Related Conditions in Children and Young People](#) British Association of Sexual Health & HIV (2021)

[Access to Emergency Hormonal Contraception in Hackney](#), Hackney Healthwatch, 2023

[Clifden Centre \(Sexual Health Services at Homerton\) Enter and View Report](#) Hackney Healthwatch, 2022

**\*City & Hackney Draft Sexual Health Strategy - Priorities and key outcomes for children and young people.**

**Priority 1- Healthy and fulfilling sexual relationships**

- **Outcome 1:** Young people (YP) in City and Hackney have equitable access to good quality, comprehensive and inclusive relationship and sex education (RSE) in schools and settings of alternative provision.
- **Outcome 2:** Young people have access to appropriate and specialist sexual health services

**Priority 2 - Good reproductive health across the life course**

- **Outcome 1:** Reproductive health services consider the life course from adolescence to the post-menopausal stage

**Priority 3 - STI prevention and treatment**

- **Outcome 1:** Young people have access to accurate, inclusive and appropriate information and education on sexual health
- **Outcome 2:** Young people know where to source free condoms and STI tests and have no barriers to access and uptake
- **Outcome 3:** Young people have access to appropriate and specialist sexual health treatment services

**Priority 4 - Getting to Zero HIV**

**Priority 5 - Vulnerable populations and those with complex needs**